

Correct Posture & Gaze Through the Mask Bars

Vision through the correct opening



Wearing your mask such that the chin is slightly tucked and vision is through the top set of bars optimizes both posture, opening to gaze through, and visual access.



In most common models, wearing it to gaze through the middle bar means an incorrect fit, poor stance posture, and less visual access.



Bauer has a fit guide publicly available, indicating the mask specifications are intended with gaze through the top set of bars.



This graphic indicates the correct set of bars for goaltenders to set their gaze through. This is literally how the masks were engineered to be worn and used, and is not a matter of preference.